

CERTIFICATE

OF PARTICIPATION

This is to certify that

Linda Adendorff

Has successfully participated & completed the

5km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:12:15

PACE 14:27/km

OVERALL 92 of 97

23 June 2019, Sun

Date

GENDER 61 of 66

50 - 59 10 of 12



Signature